



SWISS PARKOUR ASSOCIATION

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OVERVIEW

The Swiss Parkour Association (SPKA) is the **umbrella organisation for Swiss Parkour**. The association focuses on **connecting the community** and **professionalisation of the young sport** as its main mission. By introducing a Switzerland-wide parkour-coaching training at **Youth+Sport (J+S)**, SPKA has the task of sustainably promoting the next generation of parkour athletes. With the **Swiss Parkour Tour**, we challenge the best parkour athletes to compete against each other and hold the **Swiss Parkour Championships**, as well as the annual (non-competitive) parkour culture festival, the **Swiss Jam**.

2018

Founding year

26

Member organizations

785 DE

770 FR

43 IT

1598 TOTAL

Number of active participants, per linguistic region



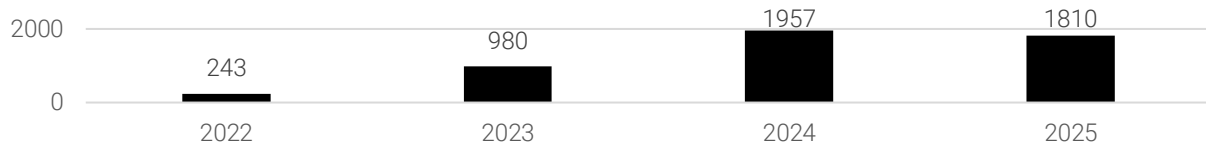
As 13 other national parkour umbrella organizations, SPKA is a member of Parkour Earth – the international governing body for parkour.

Quick Links: [SPKA Website](#) | [Annual Report 2025](#) | [SPKA Constitution](#)



EDUCATION & TRAINING

Parkour was officially integrated into the [J+S program](#) in 2022. Since its introduction, the sport has been managed, developed, and delivered both strategically and operationally by SPKA. The SPKA is responsible for the education of J+S teachers, the training and development of J+S experts, the continuous improvement of educational materials, and the overall strategic development of J+S Parkour in close collaboration with the Federal Office of Sport (BASPO, OFSPO, UFSPO).



Number of kids and youth participants in J+S parkour courses

The participant figures demonstrate the remarkable success of Y+S Parkour.

During the admission phase, several stakeholders contributed to the development of the initial framework. However, **since the official launch of J+S Parkour in 2022, all technical, educational, and organisational responsibilities have been carried out by the SPKA as the main partner of BASPO.** The Swiss Gymnastics Federation (STV) does not allocate personnel resources to Y+S Parkour and is not involved in its operational implementation.

COMPETITIONS & EVENTS

The [Swiss Parkour Tour](#) has been Switzerland's national Parkour event platform and competition series since 2019. It connects local Parkour events, jams, qualification competitions and the Swiss Parkour Championships (SPC) within a coordinated national system.

The [SPT Regulations](#) ensure transparent and comparable conditions for athletes from across Switzerland.

In 2026, the Swiss Parkour Tour includes five qualification events for the SPC in the disciplines of **Skill, Speed and Style**. The [Swiss Jam](#) is Switzerland's annual national Parkour festival. Through jams, workshops, cultural formats and the SPC, it showcases the sporting and cultural diversity of Parkour.

The winners of the SPC disciplines Skill, Speed and Style qualify for the [Parkour Earth World Championships](#), taking place in Brno in October 2026.